Fruit of the Womb Contract for Birth Doula Services

Thank you for choosing to work with me as your birth doula. I am so honored to provide care, support, and information for you and your growing family on this sacred and transformative journey.

As your doula, I commit to offering you and attending you for:

- -Two prenatal appointments of 90 minutes
- -Availability to speak by phone regarding questions and concerns within reasonable limits during pregnancy and the postpartum period
- -On-call availability from 36 weeks until 48 hours after you have given birth.
- -In-person labor support in your home, if desired, in your chosen place of birth, in the hospital in case of a transfer from a planned homebirth, and continuing through two hours after you have given birth
- -One 90-minute postpartum home visit
- -Back-up doula arrangements

The fee for my services is \$1200 for homebirths and \$1400 for out-of-home births. A deposit of \$400 is due upon deciding to work together. The balance may be paid in full at the first prenatal visit, or half at the first, half at the second prenatal. I do not give refunds if you decide not to call me for your birth or if I miss the birth because it happens soon after you call me. My fees do not change with the length of labor.

I accept cash, check, PayPal <u>netsitsah@hotmail.com</u>, Venmo @Nets Manela, and Zelle transfer to 240-997-5319, under the name Caitlin Manela.

Please request an invoice if you would like one for possible insurance reimbursement.

Read, agreed, and signed,

| Client name | Signature | Date |
|--------------|-----------|------|
| Partner name | Signature | Date |
| Doula name | Signature | Date |